You have brains in your head, you most certainly do
100 billion neurons
are there, give or take one or two.

One rainy day when the weather was shoddy,
My immune system rebelled and made a strange antibody.

As quick as a shot
from my head to my toes, my thinking and feeling went haywire to ‘anything goes’.

My seeing, my walking,
my talking, MY WORD,
what I heard, what I saw, what I thought was absurd!

That antibody doubled,
it tri-multi-zoappled!
Making an army of
friends – all uninvited- who hitch rides on my neurons getting them over excited!

Zipping this way and
that way around in my brain
those antibodies zapped me causing terrible pain.

My poor brain it was not feeling well. My poor brain felt insane and it started to swell!

To the Doctor, I went
(for my thinking was spent).
I got this test and that test and a Brain selfie too
As my Doctor, called another Doctor, who called another he knew.

They all came to see me, to try and figure out what was wrong in my head?
What was this fuss all about?

"Could it be something rare? Could it be something quite new?"
Came a voice from the doorway where all eyes suddenly flew.

It was Dr. Dalmau stopping in for a look
All the Doctors were quiet, as this man wrote the book.
"I agree when you say it is not meningitis, this patient has Autoimmune Encephalitis!"