AE Psychiatrist's Survival Kit

Life Saver:
To remind you of the many times you’ve been one

Rubber band:
To remind you to stay flexible

Hershey's Kisses:
To remind you of the support you bring patients

Mirror:
To provide reflection

Snickers:
For keeping your sense of humor

Starburst:
For that burst of energy you’ll need

Smarties:
For learning about autoimmune encephalitis

Payday:
For when a diagnosis of AE is confirmed

Kudos:
For knowing anti-psychotics worsen the condition

International Autoimmune Encephalitis Society©