

# AE Warrior Survival Kit

## Life Saver:

To remind you that your life has been saved

## Mint:

To remind you that you are worth a 'mint'

## Mounds:

For your "mounds" of courage

## Sticky notes:

To remind you....to remind you!

## Spoon:

So, you never run out of 'energy units'

## Candle:

To guide your way to recovery

## A Rock:

To remind you of your inner strength

## Marbles:

To replace the ones you have lost

## Payday:

Raising awareness will lead to a cure

International Autoimmune Encephalitis Society®