My New Year’s resolution this year is to ___________________. In order
(Name goal)
to do that, first I need to break it down into ______________ steps. Then I will
(Number)
tackle the first step with help from ____________________, who is
(name person)
____________ and ______________. We will listen to __________________
(Adjective) (Adjective) (Name of Singer)
as we work to keep us in good spirits. After finishing the first step, I will
reward us with a trip to ______________ where we will eat lots of ____________.
(Favorite place) (Favorite food)
It’s the little rewards that help motivate me to reach my New Year’s ____________.
(Noun)
The trick is to start a new step every ______________ and then give myself the
(Day of the week)
week to complete it, thus relieving some pressure. And if for some reason I don’t
finish the step, I won’t yell, "______________!" at myself for not getting it
(Exclamation)
done. Some people think New Year’s resolutions are ______________, but I love
(Adjective)
them. They help me reach my goals by keeping me focused. I hope 2023 will be
a ______________ year and I wish everyone the best in getting their lives more
(Adjective)
organized.