Your journey to diagnosis

1. Symptoms
   - Headaches
   - Fatigue
   - Changes in mood
   - Sensory changes
   - Memory issues

2. See your doctor
   - Attend appointments
   - Have symptoms discussed

3. Test results
   - Hyponatremia
   - Depression
   - Anxiety

4. Potential misdiagnoses
   - LGI1 AE
   - Antibody-negative autoimmune encephalitis

5. Initial treatment
   - IV therapy
   - Medication

6. What you need for recovery
   - Support system
   - Professional assistance

7. Going back to work
   - Planning
   - Gradual return

8. Achievements
   - Improved mood
   - Increased independence

9. Challenges
   - Overly emotional
   - Memory problems

10. Recovery is a rollercoaster
    - Different stages
    - Personal journey

11. Long-term care
    - Follow-up appointments
    - Monitoring

12. Support
    - Encephalitis organizations
    - Community

13. Next steps
    - Stay informed
    - Connect with others

Don't delay...Earlier diagnoses have better outcomes.